

# BÍ CINEÁLTA

WE WANT EVERYBODY IN OUR SCHOOL  
TO FEEL HAPPY AND SAFE!

## What is Bullying?

Bullying behaviour is when someone keeps being mean or hurtful to others on purpose over and over again.  
When it happens a lot.  
Not just once.

## What should you do if you think you are being bullied?

Tell a teacher or someone you trust if you think there is bullying behaviour against you or anyone in your class.

## Teachers can help if someone is being bullied, they will:

- talk to the student
- ask the student what they want to happen
- work out a plan together
- talk to their parents
- talk to the other student(s) involved
- talk with the other student's parents